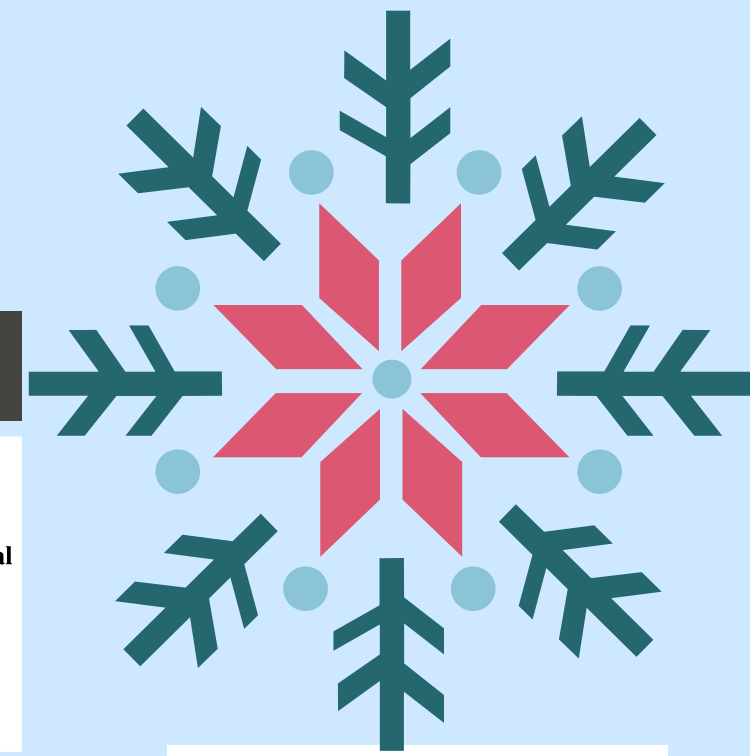


# Memory Care January 2021



SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b> 10:30 AM Chair Exercise/ Dance 11:15 AM Outdoor Socializing 12:00 PM Movie and Popcorn 12:00 PM Daily Chronicle/ RC Journal 2:30 PM Bingo	<b>2</b> 12:00 Daily Chronicle/RC Journal 1:00 PM Exercise 2:30 PM Bingo
<b>3</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Walking Club 1:00 PM Residents Choice 6:00 AM Daily Mass 8:00 AM Christian Worship Hour 9:00 AM David Jeremiah 5:00 PM Daily Mass	<b>4</b> 10:30 AM Exercise/ Chair Dance 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 1:00 PM Kickball 2:30 PM Cognitive Enhancement	<b>5</b> All Day: Balloon Volleyball All Day:Daily Chronicle/ RC Journal 10:30 AM Entertainment 11:15 AM Exercise/ Chair Dance 3:00 PM Wheel of Fortune	<b>6</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Cards 1:00 PM Arts and Crafts 2:30 PM Bingo 3:30 PM Entertainment	<b>7</b> 10:00 AM Entertainment 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Beauty Shop	<b>8</b> 10:30 AM Chair Exercise/ Dance 11:15 AM Outdoor Socializing 12:00 PM Movie and Popcorn 12:00 PM Daily Chronicle/ RC Journal 2:30 PM Bingo	<b>9</b> 12:00 Daily Chronicle/RC Journal 1:00 PM Exercise 2:30 PM Bingo
<b>10</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Walking Club 1:00 PM Residents Choice 6:00 AM Daily Mass 8:00 AM Christian Worship Hour 9:00 AM David Jeremiah 5:00 PM Daily Mass	<b>11</b> 10:30 AM Exercise/ Chair Dance 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 1:00 PM Kickball 2:30 PM Cognitive Enhancement	<b>12</b> All Day: Balloon Volleyball All Day:Daily Chronicle/ RC Journal 10:30 AM Entertainment 11:15 AM Exercise/ Chair Dance 3:00 PM Wheel of Fortune	<b>13</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Cards 1:00 PM Arts and Crafts 2:30 PM Bingo 3:30 PM Entertainment	<b>14</b> 10:00 AM Entertainment 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Beauty Shop	<b>15</b> 10:30 AM Chair Exercise/ Dance 11:15 AM Outdoor Socializing 12:00 PM Movie and Popcorn 12:00 PM Daily Chronicle/ RC Journal 2:30 PM Bingo	<b>16</b> 12:00 Daily Chronicle/RC Journal 1:00 PM Exercise 2:30 PM Bingo
<b>17</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Walking Club 1:00 PM Residents Choice 6:00 AM Daily Mass 8:00 AM Christian Worship Hour 9:00 AM David Jeremiah 5:00 PM Daily Mass	<b>18</b> 10:30 AM Exercise/ Chair Dance 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 1:00 PM Kickball 2:30 PM Cognitive Enhancement	<b>19</b> All Day: Balloon Volleyball All Day:Daily Chronicle/ RC Journal 10:30 AM Entertainment 11:15 AM Exercise/ Chair Dance 3:00 PM Wheel of Fortune	<b>20</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Cards 1:00 PM Arts and Crafts 2:30 PM Bingo 3:30 PM Entertainment	<b>21</b> 10:00 AM Entertainment 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Beauty Shop	<b>22</b> 10:30 AM Chair Exercise/ Dance 11:15 AM Outdoor Socializing 12:00 PM Movie and Popcorn 12:00 PM Daily Chronicle/ RC Journal 2:30 PM Bingo	<b>23</b> 12:00 Daily Chronicle/RC Journal 1:00 PM Exercise 2:30 PM Bingo
<b>24</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Walking Club 1:00 PM Residents Choice 6:00 AM Daily Mass 8:00 AM Christian Worship Hour 9:00 AM David Jeremiah 5:00 PM Daily Mass	<b>25</b> 10:30 AM Exercise/ Chair Dance 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 1:00 PM Kickball 2:30 PM Cognitive Enhancement	<b>26</b> All Day: Balloon Volleyball All Day:Daily Chronicle/ RC Journal 10:30 AM Entertainment 11:15 AM Exercise/ Chair Dance 3:00 PM Wheel of Fortune	<b>27</b> 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Cards 1:00 PM Arts and Crafts 2:30 PM Bingo 3:30 PM Entertainment	<b>28</b> 10:00 AM Entertainment 11:15 AM Outdoor Socializing 12:00 PM Daily Chronicle/ RC Journal 12:00 PM Beauty Shop	<b>29</b> 10:30 AM Chair Exercise/ Dance 11:15 AM Outdoor Socializing 12:00 PM Movie and Popcorn 12:00 PM Daily Chronicle/ RC Journal 2:30 PM Bingo	<b>30</b> 12:00 Daily Chronicle/RC Journal 1:00 PM Exercise 2:30 PM Bingo



**MEALS SERVED EVERYDAY**  
**7:00 AM - 9:00 AM Breakfast**  
**11:00 AM - 1:00 PM Lunch**  
**5:00 PM - 7:00 PM Dinner**

**Worship Schedule**  
**6:00 AM EWTN (Channel 101) Daily Mass**  
**7:00 AM KOTA (Channel 4) Christian Worship Hour**  
**8:00 AM KOTA (Channel 4) David Jeremiah**  
**10:00 AM EWTN (Channel 101) Daily Mass**  
**5:00 PM EWTN (Channel 101) Daily Mass**