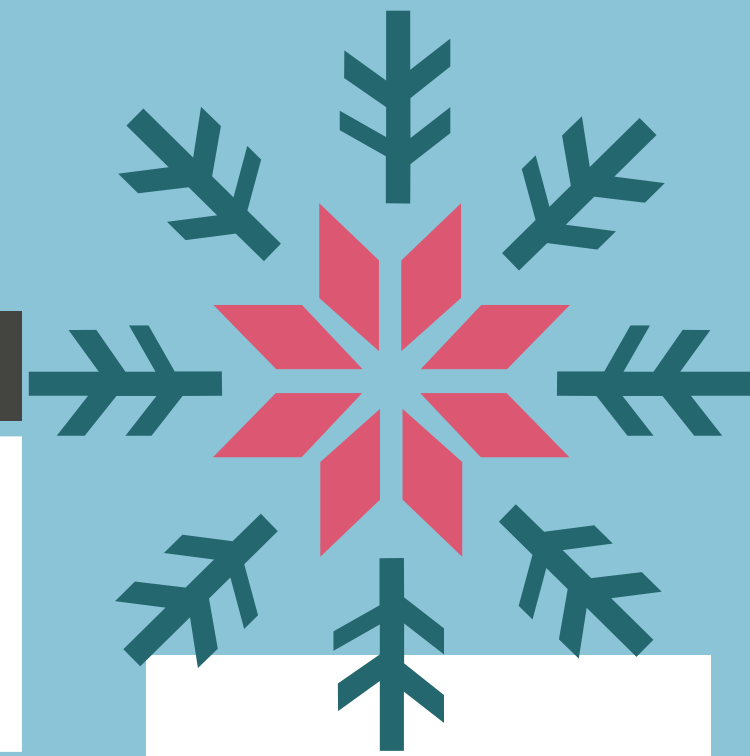


Assisted Living January 2021



SUN	MON	TUE	WED	THU	FRI	SAT
					1 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	2 9:30 AM Exercise 2:15 PM Netflix Series
3 View Worship Schedule in Bottom Right Corner	4 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	5 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	6 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	7 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	8 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	9 9:30 AM Exercise 2:15 PM Netflix Series
10 View Worship Schedule in Bottom Right Corner	11 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	12 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	13 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	14 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	15 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	16 9:30 AM Exercise 2:15 PM Netflix Series
17 View Worship Schedule in Bottom Right Corner	18 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	19 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	20 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	21 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	22 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	23 9:30 AM Exercise 2:15 PM Netflix Series
24 View Worship Schedule in Bottom Right Corner	25 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	26 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	27 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	28 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	29 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	30 9:30 AM Exercise 2:15 PM Netflix Series



MEALS SERVED EVERYDAY
 7:00 AM - 9:00 AM Breakfast
 11:00 AM - 1:00 PM Lunch
 5:00 PM - 7:00 PM Dinner

Worship Schedule
 6:00 AM EWTN (Channel 101) Daily Mass
 7:00 AM KOTA (Channel 4) Christian
 Worship Hour
 8:00 AM KOTA (Channel 4) David Jeremiah
 10:00 AM EWTN (Channel 101) Daily Mass
 5:00 PM EWTN (Channel 101) Daily Mass