

Assisted Living November 2020



SUN	MON	TUE	WED	THU	FRI	SAT
1 View Worship Schedule in Bottom Right Corner	2 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	3 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	4 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	5 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	6 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	7 9:30 AM Exercise 2:15 PM Netflix Series
8 View Worship Schedule in Bottom Right Corner	9 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	10 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	11 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	12 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	13 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	14 9:30 AM Exercise 2:15 PM Netflix Series
15 View Worship Schedule in Bottom Right Corner	16 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	17 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	18 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	19 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes	20 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	21 9:30 AM Exercise 2:15 PM Netflix Series
22 View Worship Schedule in Bottom Right Corner	23 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series	24 9:00 AM Exercise/Chair Dance 10:15 AM Coffee Club 10:30 AM Entertainment 1:00 PM Bingo 2:00 PM Entertainment	25 9:00 AM Chair Yoga 9:30 AM Exercise/ Chair Dance 10:15 AM Coffee Club 1:00 PM Farkle 2:15 PM Netflix Series 4:15 PM Entertainment	26 9:30 AM Exercise/Chair Dance 10:00 AM Entertainment 10:15 AM Coffee Club 1:30 PM Dominoes Happy Thanksgiving	27 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 1:00 PM Card Bingo 2:00 PM Wii Bowling	28 9:30 AM Exercise 2:15 PM Netflix Series
29 View Worship Schedule in Bottom Right Corner	30 9:00 AM Chair Yoga 9:30 AM Exercise/Chair Dance 10:15 AM Coffee Club 2:15 PM Netflix Series					



MEALS SERVED EVERYDAY
 7:00 AM - 9:00 AM Breakfast
 11:00 AM - 1:00 PM Lunch
 5:00 PM - 7:00 PM Dinner



Worship Schedule
 6:00 AM EWTN (Channel 101) Daily Mass
 7:00 AM KOTA (Channel 4) Christian Worship Hour
 8:00 AM KOTA (Channel 4) David Jeremiah
 10:00 AM EWTN (Channel 101) Daily Mass
 5:00 PM EWTN (Channel 101) Daily Mass