

# ASSISTED LIVING DECEMBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**1** 4:00 PM Rosary

**2** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:30 PM Resident Meeting  
2:30 PM Longmire Viewing  
3:30 PM Women's Bible Study

**3** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 Catholic Communion  
1:00 PM Bingo  
2:00 PM Chapel Service  
3:00 PM Stringing Popcorn & Dominoes

**4** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Farkle  
2:00 PM Movie  
4:15 PM Pastor Duane Grenz  
6:30 PM Easy Sounds Music & Dance

**5** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 AM Bean Bag Toss  
Tournament in MC  
1:00 PM Cinnamon Scented Ornaments

**6** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Card Bingo  
2:00 PM Wii Bowling & Cribbage

**7** 9:30 AM Exercise  
10:15 AM Coffee Club  
2:15 PM Southwest Middle School Carolers  
3:00 PM Paint Ornaments With Carolers

**8** 4:00 PM Rosary

**9** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Black Jack  
2:30 PM Longmire Viewing  
3:30 PM Women's Bible Study

**10** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 Catholic Communion  
1:00 PM Bingo  
2:00 PM Chapel Service  
3:00 PM Bible Trivia

**11** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 AM Bob Grimm Band  
1:00 PM Farkle  
2:00 PM Movie  
4:15 PM Pastor Duane Grenz

**12** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 AM Preschool Nativity Play & Carols  
1:00 PM Beaded Star Ornaments

**13** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Card Bingo  
2:00 PM Wii Bowling & Cribbage

**14** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 AM Woodwind Christmas Performance  
2:00 Movie Matinee

**15** 4:00 PM Rosary

**16** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Black Jack  
2:30 PM Longmire Viewing  
3:30 PM Women's Bible Study

**17** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 Catholic Communion  
1:00 PM Bingo  
2:00 PM Chapel Service  
3:00 PM Dominoes & Chess  
4:00 PM Dueling Pianos

**18** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Farkle  
2:00 PM Movie  
4:15 PM Pastor Duane Grenz

**19** 9:30 AM Exercise  
10:15 AM Coffee Club  
11:00 AM Birthday Bash  
1:00 2nd Grade Carolers  
4:30 PM Christmas Ballet  
6:00 PM Democracy Shrine Chorus Caroling

**20** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Card Bingo  
2:30 PM Ballroom Dancing Performance

**21** 9:30 AM Exercise  
10:15 AM Coffee Club  
11:30 AM Resident Christmas Party/Kim Plender  
2:00 Movie Matinee

**22** 4:00 PM Rosary

**23** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Black Jack  
2:30 PM Longmire Viewing  
3:30 PM Women's Bible Study

**24** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 Catholic Communion  
1:00 PM Bingo  
2:00 PM Chapel Service  
3:00 PM Dominoes & Chess

**25** 10:15 AM Coffee Club

**26** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 AM Ring Toss Challenge in MC  
1:00 PM Wheel of Fortune Happy Hour  
2:00 PM Dominoes

**27** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Card Bingo  
2:00 PM Wii Bowling & Cribbage

**28** 9:30 AM Exercise  
10:15 AM Coffee Club  
2:00 Movie Matinee

**29** 4:00 PM Rosary

**30** 9:00 AM Chair Yoga  
9:30 AM Exercise  
10:15 AM Coffee Club  
1:00 PM Black Jack  
2:30 PM Longmire Viewing  
3:30 PM Women's Bible Study

**31** 9:30 AM Exercise  
10:15 AM Coffee Club  
10:30 Catholic Communion  
11:30 AM Resident New Years Party  
1:00 PM Bingo  
2:00 PM Chapel Service  
3:00 PM Dominoes & Chess



**MEALS SERVED EVERYDAY**  
7:00 AM - 9:00 AM Breakfast  
11:00 AM - 1:00 PM Lunch  
5:00 PM - 7:00 PM Dinner

**HAPPY** *BirthDay* **- TO YOU -**

**Bob Starkweather**   **CL Zurcher**   **Dale Jensen**   **Delma Jones**  
**Don Nelson**   **Jerry Shoener**   **Marilyn Olson**   **Victoria Pollock**   **Virginia Lawrence**

