

ASSISTED LIVING SEPTEMBER 2019

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Assisted Living & Memory Care

MEALS SERVED EVERYDAY
 7:00 AM - 9:00 AM Breakfast
 11:00 AM - 1:00 PM Lunch
 5:00 PM - 7:00 PM Dinner

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2 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Elvis Presley!

3 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Bingo
 2:00 PM Chapel Service
 3:00 PM Dominoes & Chess

4 9:00 Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Card Bingo
 2:00 PM Wii Bowling & Cribbage

5 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Q-Tip Daisy
 Assemblage Art

6 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bird Watching Presentation
 3:00 PM Movie

7 9:30 AM Exercise
 10:15 AM Coffee Club
 2:00 Saturday Matinee

8 4:00 PM Rosary with Heather

9 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Resident Meeting
 2:30 PM Longmire Viewing
 3:30 PM Women's Bible Study

10 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Bingo
 2:00 PM Chapel Service
 3:00 PM Dominoes & Chess

11 9:00 Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Card Bingo
 2:00 PM Wii Bowling & Cribbage
 4:00 PM Contemporary Native Flute & Guitar

12 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Yahtzee

13 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Farkle
 2:00 PM Movie

14 9:30 AM Exercise
 10:15 AM Coffee Club

15 4:00 PM Divine Mercy Prayer/Music with Stacy

16 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Black Jack
 2:30 PM Longmire Viewing
 3:30 PM Women's Bible Study

17 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Bingo
 2:00 PM Chapel Services
 3:00 PM Dominoes & Chess

18 9:00 Chair Yoga
 9:30 AM Exercise
 10:00 AM Alzheimer's Awareness Presentation
 10:45 AM The Village Alzheimer's Awareness Walk
 1:00 PM Card Bingo
 2:00 PM Wii Bowling & Cribbage

19 9:30 AM Exercise
 10:15 AM Coffee Club
 11:30 AM Birthday Bash
 1:00 PM Deaded Seashell Jellyfish

20 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Farkle
 2:00 PM Movie

21 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Saturday Matinee

22 4:00 PM Rosary with Heather

23 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Black Jack
 2:30 PM Longmire Viewing
 3:30 PM Women's Bible Study

24 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Bingo
 2:00 PM Chapel Services
 3:00 PM Dominoes & Chess

25 9:00 Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Card Bingo
 2:00 PM Wii Bowling & Cribbage

26 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Pull Chain Art

27 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Farkle
 2:00 PM Movie

28 9:30 AM Exercise
 10:15 AM Coffee Club

29 4:00 PM Divine Mercy Prayer/Music with Stacy

30 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Black Jack
 2:30 PM Longmire Viewing
 3:30 PM Women's Bible Study

HAPPY *Birthday* - TO YOU -

Delores Kumpf

Rhonda Quinn

