

ASSISTED LIVING SEPTEMBER 2018

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



MEALS SERVED EVERYDAY
 7:00 AM - 9:00 AM Breakfast
 11:00 AM - 1:00 PM Lunch
 5:00 PM - 7:00 PM Dinner

1 9:30 AM Exercise
 10:15 AM Coffee Club

2

3 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Elvis Impersonator
 3:30 PM Women's Bible Study

4 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Build a Clay Leaf Dish
 1:30 PM Wii Bowling
 4:00 PM Chapel Services

5 9:30 AM Exercise
 10:15 AM Coffee Club
 2:00 PM Dominoes

6 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bingo
 2:30 PM Farkle

7 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Black Jack
 2:00 PM Movie

8 9:30 AM Exercise
 10:15 AM Coffee Club

9

10 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Resident Meeting
 1:30 PM Bingo
 2:30 PM Farkle
 3:30 PM Women's Bible Study

11 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Paint Clay and Make Suncatchers
 1:30 PM Wii Bowling
 4:00 PM Chapel Services

12 9:30 AM Exercise
 10:15 AM Coffee Club
 11:30 AM Band: Kim & the Geezers
 2:00 PM Dominoes

13 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bingo
 2:30 PM Farkle

14 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 2:00 PM Movie

15 9:30 AM Exercise
 10:15 AM Coffee Club

16

17 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bingo
 2:30 PM Farkle
 3:30 PM Women's Bible Study

18 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Pinecone Succulent Garden
 1:30 PM Wii Bowling
 4:00 PM Chapel Services

19 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Finish Pinecone Project
 2:00 PM Dominoes

20 9:30 AM Exercise
 10:15 AM Coffee Club
 11:30 AM Birthday Bash
 1:30 PM Bingo
 2:30 PM Farkle

21 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 2:00 PM Movie

22 9:30 AM Exercise
 10:15 AM Coffee Club

23

24 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bingo
 2:30 PM Farkle
 3:30 PM Women's Bible Study

25 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Sip & Paint
 1:30 PM Wii Bowling
 4:00 PM Chapel Services

26 9:30 AM Exercise
 10:15 AM Coffee Club
 2:00 PM Dominoes

27 9:30 AM Exercise
 10:15 AM Coffee Club
 1:30 PM Bingo
 2:30 PM Farkle

28 9:00 AM Chair Yoga
 9:30 AM Exercise
 10:15 AM Coffee Club
 1:00 PM Black Jack
 2:00 PM Movie

29 9:30 AM Exercise
 10:15 AM Coffee Club

30

